



# Geneva Township Senior Center

## Senior Compass

630-232-3600  
 Mon-Fri 8:30 am-4:30 pm  
 www.genevatownship.com

Volume 1 Issue 6  
**September 2007**

### Grand Opening / Nat'l Senior Center Month

September is National Senior Center Month. As such, it is most appropriate to celebrate the anxiously anticipated Grand Opening of the Geneva Township Senior Center during National Senior Center Month! So let's get started!

We invite you, your family and friends to attend the Grand Opening on Sunday, September 9 from 2:00 to 5:00 pm at the Senior Center, 400 Wheeler Drive, in Wheeler Park.

You will have a chance to tour the beautifully designed building that was decorated by Richard Abrahamson of RJA Design in Geneva. The Township officers, Township Board and Senior Services Committee will be on hand to explain the many

programs and activities for seniors at the Senior Center. You can even sign up for our Vial of Life emergency medical information program and Well Being Phone Check program that calls seniors to ensure that they are well and safe. TRIAD representatives will conduct an emergency 911 cell phone give away and Senior Services Associates, Inc. will be available to explain the array of services they provide for seniors.

The Ribbon Cutting ceremony and program will begin at 3:00. Honored guests who have given their time and talents to make the Senior Center a possibility will be recognized and thanked for their contributions. Refreshments and a Dessert Table will tempt your sweet tooth.



Parking is plentiful in three large parking lots throughout the park and handicapped parking is available immediately next to the Senior Center. For a smooth and quick ride to the festivities, two motorized carts will be making continuous rounds between the parking lots and the Senior Center for your convenience.

So mark September 9 on your calendar now and celebrate the Grand Opening of YOUR Geneva Township Senior Center!

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### Geneva Township

**Supervisor:**

**Patrick Jaeger**

**Trustees:**

**Sharon Brazill**

**Denise LaCure**

**Richard Sharp**

**Mark Wissing**

**Senior Center Director:**

**Sherri Weidl**

### Don't Miss These Fun Activities!

#### Watercolor Class

Artist David Reichert will teach Watercolor Classes on the second Thursday of each month beginning Sept. 13 from 10-11 am. No registration, free—just stop in.

#### Art & Craft Class

Geneva artist Janice Mayerhofer will teach free art and craft classes on Thursdays from 1-2 pm be-

ginning Sept. 13. The classes will cover two dimensional art and seasonal crafts.

Registration is necessary so sign up by Sept. 12! Call Sherri Weidl at 232-3600 to register.

#### Computer Lab

Ken Johnson will teach beginner computer lab on Tuesdays from 9-11 am. Learn how to send emails,

search the internet and basic computer skills. No registration or fees—just stop in!

#### Bridge Games

If you are looking for a group to play bridge with, we have the place for you! Bridge games are offered Mondays from 1-4 pm. Simply call Sherri Weidl at 232-3600 to reserve your spot. Lois Hoyer will schedule the games.



## Geneva Township Senior Center

400 Wheeler Drive  
Geneva, IL 60134

Located in Wheeler Park  
Entrance at Stevens Street & N. Third Street

Phone: 630-232-3600  
Fax: 630-232-9289

E-mail: [sweilt@genevatownship.com](mailto:sweilt@genevatownship.com)

### Live Life to the Fullest



**Hours:**

**Mon-Fri 8:30-4:30**

### Mission Statement:

The mission of the Geneva Township Senior Center shall be to act as the primary community resource to serve all citizens of Geneva Township by decreasing the sense of isolation and dependence that often accompanies old age; enriching the social and intellectual life of our older adults; helping our older adults meet the practical problems attendant with aging; helping our older adults contribute to the well being of our community as effective and useful citizens of the township; helping those approaching or in retirement to plan appropriately; and organizing community interest in improving the overall climate of living for our older residents.



### Flu Shot Clinic on October 8

Mark your calendar now for the Geneva Township Annual Flu Shot Clinic on Monday, October 8 from 9-12. Geneva Township will offer Flu, Pneumonia, and DTP (Diphtheria, Tetanus, Pertussis) shots. Only two vaccinations maximum is allowed per person. Geneva Township seniors age 55 or older who do not have Medicare Part B will be provided the flu shot free of charge, compliments of Geneva Township. VNA will bill Medicare Part B for the Flu and Pneumonia shots for anyone who presents their Medicare Part B card. For all others the costs are \$25 for Flu shot and \$35 for Pneumonia shot. DTP shots cost \$45 (cash only). A doctor's note is required if you have previously received pneumonia shots. No insurance or HMO's are accepted—a receipt will be given to submit. Call 232-3600 by Oc. 1 if you need a free ride.

## Monday "Healthy Living" Activities

### "Normal Aging vs Dementia" Program

Have you ever wondered exactly what is "normal" cognitive functioning and what is dementia? Not understanding is often quite worrisome to seniors. This program will explain the differences and empower you with knowledge that will help you understand.

"Normal Aging vs Dementia" will be presented on Monday, September 10 beginning at 10:30 am. Some of the topics to be discussed are:

- Normal Memory Functions
- Age-Related Inabilities
- Ten Risk Factors That

### Something May Be Wrong

- Know the Signs of Dementia
- Suggested Lifestyle Treatments to Maintain a Healthy Brain

Each of these topics will be discussed extensively and there will be time to answer your questions.

A complimentary luncheon will be provided immediately follow the program for all attendees. Sign up by September 7 by calling Sherri Weilt at 232-3600. Program and luncheon presented by Pam Sebern and Sharon Brazill of Arden Courts.

Sign up today — you will be glad you did!

### Blood Pressure Check

Each Monday morning from 9:30 to 10:30, have your blood pressure checked by a registered nurse who can also answer simple medical questions. Receive a card to record your blood pressure each week. Special gifts are often available for participants from the health care sponsor.

### Hearing Screening

The second Monday of each month local auditory specialists will conduct hearing tests at the Senior Center and offer guidance for your hearing needs. Don't miss a word your friends and family have to say...every word is priceless. This program is free and will be available from 9:30 to 10:30.

